

Femmenessence™

*“Beautiful, healthy, happy babies
are no accident... they begin
well before conception
even takes place”*

Natural Health International
www.naturalhi.com



Improving reproductive outcomes with care for both partners before conception



Join **Jan Roberts**, pharmacist, nutritionist, Australian Representative of The Foresight Association since 1987 and author of the internationally acclaimed 'The Natural Way to Better Babies' and its sequels as she explains how pre-conception healthcare can help:

- Enhance fertility
- Prevent miscarriage/premature birth
- Reduce incidence of congenital abnormalities
- Ensure an uncomplicated labor, successful breastfeeding and an exceptionally healthy, happy baby.

Simple self-help measures, including best supporting products will be outlined. Appropriate professional care will be discussed. Jan's lectures and workshops provide invaluable information for health professionals working with childbearing couples, and are a 'must-attend' for all couples planning a pregnancy.

Date: Wednesday March 5, 2008

Time: 7:00pm-8:30pm

Place: Jean Vollum Natural Capital Center "The Ecotrust Building"
721 NW 9th Avenue
Billy Frank Jr. Conference Center
Portland, OR 97209
www.ecotrust.org

Contact: bergen.langlois@naturalhi.com or 415 816 5085

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Natural Health International 

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Pharmaca
integrative pharmacy

To reach the The Ecotrust Building:

From the North:

- > I-5 South > I-405 South
- > Exit #2B - Everett Street
- > Continue south on 16th Avenue
- > Left onto NW Everett Street
- > Left onto NW 10th Avenue

From the East/Airport (11 miles, 23 minutes):

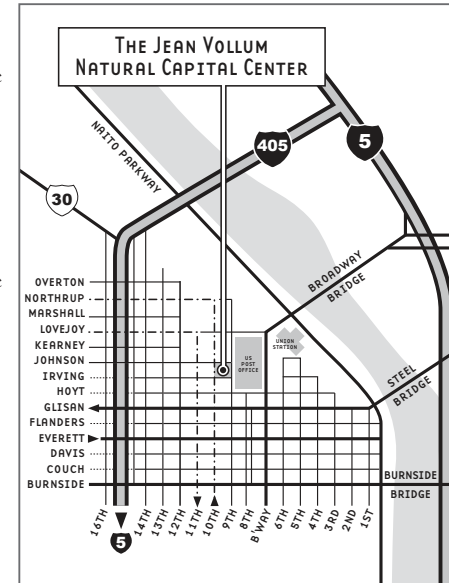
- > Airport Way > I-205 South
- > I-84 West > I-5 North
- > I-405 Fremont Bridge
- > Exit #2B - Everett Street
- > Continue south on 16th Avenue
- > Left onto NW Everett Street
- > Left onto NW 10th Avenue

From the South:

- > I-5 North > I-405 North
- > Exit #2B - Everett Street
- > Right onto NW Everett Street
- > Left onto NW 10th Avenue

From the West:

- > US-26 East (Sunset Highway)
- > North on I-405
- > Exit #2B - Everett Street
- > Right onto NW Everett Street
- > Left onto NW 10th Avenue



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